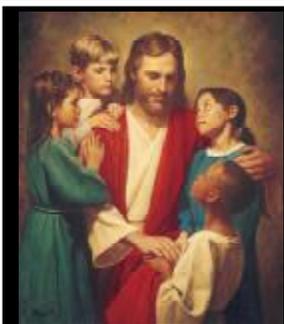


February 17, 2019

SIXTH SUNDAY OF ORDINARY TIME

Mon., Feb. 18th 12:10 pm FAMILY DAY MASS IN THE CATHEDRAL
 Tue., Feb. 19th 6:00 pm R.C.I.A.
 Wed., Feb 20th 10:30 am Mass Choir - NO REHEARSAL this week
 Thur., Feb. 21th 6:00 pm 8:30 am Mass Choir rehearsal
 Sat., Feb. 23rd 8:00 am Men's Bible Prayer Group Meeting (*in our Auditorium*)
 9:30 am - Noon Cathedral Lectors' Workshop (*in our Auditorium*)



Registration Forms for 1st Communion are available online OR from our Office Call: 622-5389



FAMILY DAY MASS

FEBRUARY 18th

12:10 PM IN THE CATHEDRAL



Bishop Colli's Schedule Feb. 2-17 Away

OUR PANCAKE BREAKFAST: MARCH 3rd

TICKETS: \$5. - on sale on: Feb. 9th & 10th; 16th & 17th; 23rd & 24th.

THESE 6 STEPS MAY HELP YOU IN YOUR PERSONAL PRAYER



1. GRATITUDE

Thank God for the things you are grateful for today;

2. AWARENESS

Revisit the past 24 hours when you were or were not the best version of yourself. Are there lessons to heed?;

3. SIGNIFICANT MOMENTS

Identify things you've experienced in the past 24 hours. Was God teaching you something in those events?;

4. PEACE

Ask God to forgive you for wrongs you may have done against Him, against others or yourself and to fill you with deep and abiding peace;

5. FREEDOM

Determine if God is inviting you to change in a way that you can experience the freedom to be at your best;

6. OTHERS

Ask God to bless and guide those for whom you feel called to pray today.

Prayer help cards like this one are available from the 'Adult Faith Office' (Pastoral Centre).

A SMALL GROUP RETREAT EXPERIENCE

This encounter uses the prayer principles of Ignatian and Divine Mercy spirituality and is designed to draw you more deeply into the mystery of Jesus' Sacred Heart.

WHEN: Mondays: 7 pm-8:30 pm from March 4 to May 13 [except April 22]

WHERE: Our Lady's Chapel (Cathedral)

FORMAT: DVD talks, group discussions, music & resource books **COST:** \$15 (for books/materials)

IT IS IMPORTANT THAT YOU REGISTER NOW OR SOON!

Call: Doug McClure at: 708-4143 or at: bumba3712@gmail.com



WORKSHOP FOR OUR CATHEDRAL LECTORS



Our Lectors are asked and encouraged to attend this gathering on Saturday, Feb. 23rd (9:30 am to 12 noon) in our Auditorium, to review different aspects of their Ministry and to meet other Cathedral Lectors. If you have content suggestions, please notify our Director: Laura Prodanyk at: llap68@hotmail.com



Hamper Sunday: Feb. 24th

Our gifts this month will help: **New Life Ministries'**

Coffee Sunday: Next Weekend

This month's event will coincide with our C.W.L. 80th Anniversary Reception in the Auditorium after the 10:30 am Mass.

COMING SOON

You can participate in this year's livestreamed 'Summit' Conference on May 4th at St. Agnes Church for free. For information, call Jeff Kubinec: 630-0624

YOU WERE ASKING by Msgr. P. Stilla

Q. How do we celebrate family values in our Cathedral Parish?

A. Your question is a timely one since we, as Canadians, will be observing the secular 'Family Day' holiday this coming Monday, February 18th. Celebrating a special 'Mass for our Families' at 12:10 pm on that day is just one of a few examples of how we support family life in our Parish. Besides this, on our Religious calendar, we celebrate families and promote pro-Life and Christian family values every year on the weekend following Christmas which is aptly named: *Holy Family Sunday*).

Family Prayer
Our parishioners are also encouraged to pray together as families, each week at Mass and daily at homes, to thank God for each other and to celebrate their bonds of love. 'The family that prays together, stays together!'

Family Garden
Our Holy Family Prayer Garden was designed to encourage family gatherings and prayer and to be a visual reminder to all of the importance of the family.

Children's Liturgies & Pageants
During the weekly children's Liturgy sessions, our children are taught to



value their families and to pray for them. Our special Children's Christmas Pageant is also designed to bring our Parish families together at Mass for the 'most wonderful time of the year!'

Children's Picnics
The annual picnic unites a good number of families from the Parish who celebrate the joy of having fun together as a family.

Helping Grieving Families
Our Servers, Greeters, Lectors, Ministers of Music and of 'Extended Hospitality' and Reception Servers all support the bereaved families of our Parish at Funerals, while

Grief Support volunteers help families cope with the recent loss of loved ones. The Sacraments and Families Celebrations of Baptism, First Confession and First Communion, Confirmation, Weddings and the Anointing of the Sick in homes and hospitals all bring families together.

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Catholic Women's League

80 YEARS YOUNG!

On February 24th our Cathedral C.W.L. will celebrate its 80th birthday! This weekend, C.W.L. Members are asked once again to complete the following statement and place it in a designated basket: *'I joined the League because...'* Paper and pens can be found at the Church entrances. Next Sunday, after the 10:30 am Mass the Members of our Council will invite everyone to a very special 'Anniversary' reception in our Auditorium.

Phantom Bake Sale

As in previous years, we ask you to place what you would have spent to bake a cake, cookies or muffins in a marked envelope (*at the Church entrances in February*) and place it in the collection basket. The donations will go towards our Community projects.



Knights of Columbus



February 21st : 7:30 pm
4th Degree: General Meeting

* The complete Calendar of K.C. Events can be found at: www.stpatrickscathedral



Men's Bible Group

Next Meeting:
February 23rd
8 am to 9:30 am

(Cathedral Rectory Mtg Room)
For more information, call:
Doug McClure (708-4143).