

March 3, 2019

EIGHTH SUNDAY OF ORDINARY TIME

Mon.,	March 4 th	7:00 pm	"Consoling the Heart of Jesus" Retreat begins
Tue.,	March 5 th	6:00 pm	R.C.I.A. (in the Rectory Meeting Room)
Wed.,	March 6 th	-----	ASH WEDNESDAY - Masses: 9 am, 12:10 pm & 7pm
Thur.,	March 7 th	6:00 pm	8:30 am Mass Choir rehearsal (in the Church)
Fri.,	March 8 th	11:45 am	The Way of the Cross (most Fridays in Lent)
Sat.,	March 9 th	5:00 pm	R.C.I.A. Mass of the Rite of Election



LENT
A Penitential
Season
of Prayer,
Fasting and
Almsgiving



Bishop Colli's
Schedule

Mar. 6: 7:00 pm &
Mar. 9: 5:00 pm

Masses in the Cathedral

SAVE THE DATE!
March 24th



**Development
and Peace**

CARITAS CANADA

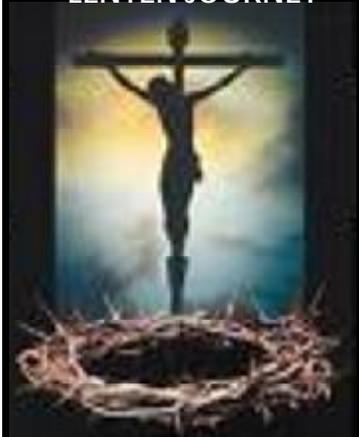
We will again be hosting our annual Soup & Bun Lunch later this month. Tickets will be available after all Masses on the week-ends of March 3rd, 10th and 17th. There is no cost for the tickets but donations will be gratefully accepted. Please come out and enjoy a simple meal in solidarity with our sisters and brothers in the Global South.



EXCITED TO SELL TICKETS!

Our Pancake Breakfast takes place this Sunday at 11:30 am!

**WE BEGIN OUR 2019
LENTEN JOURNEY**



ASH WEDNESDAY
March 6th

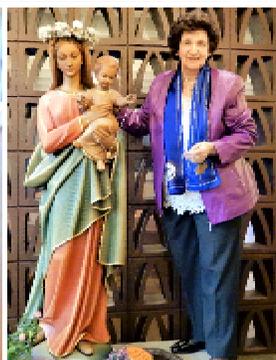
Day of Fasting
for those 18 to 59
Day of Abstinence
from meat
for those 14 and over.

Cathedral
Ash Wednesday
Masses:
9 am, 12:10 pm & 7 pm

Masses in Lent
Monday : 12:10 pm
Tuesday to Friday:
9:00 am & 12:10 pm

Way of the Cross
Fridays: 11:45 am

**A JOYFUL CELEBRATION FOR THE 80 YEARS OF
SERVICE OF OUR CATHOLIC WOMEN'S LEAGUE**



YOU WERE ASKING by Msgr. P. Stilla

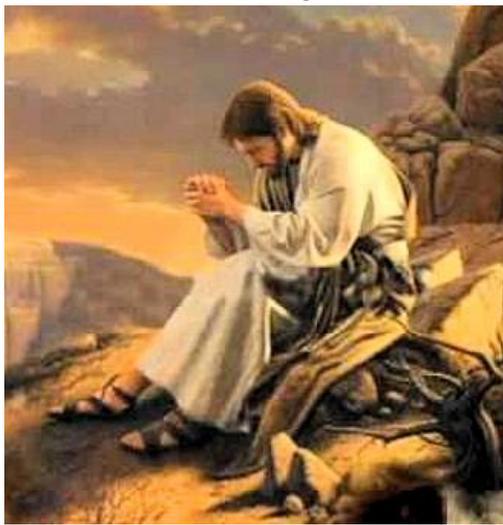
Q. What does, 'Lent' mean and how long has it been observed?

A. The word, 'Lent', is derived from the Anglo-Saxon word, 'lencten', which means, Springtime.

A Long History

Although the Season of Lent, as we know it today, became a universal

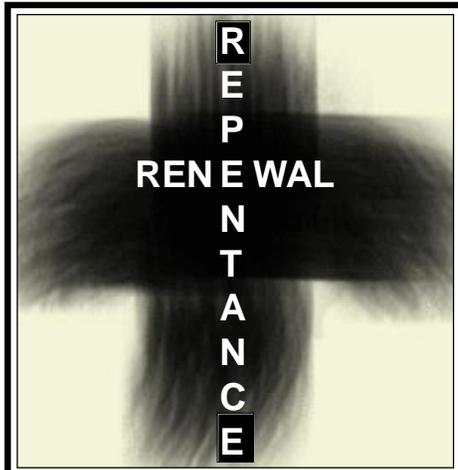
annual observance after the legalization of Christianity in 313 A.D., there is evidence that a shorter season was observed by some groups as early as 150 A.D. Then, near the end of the 4th century Lent was a



period of time set aside for the catechetical preparation of Catechumens who were preparing for Baptism at the Easter Vigil. Some time later, its observance was finally extended to all baptized Christians.

Q. Why are ashes an integral part of Ash Wednesday?

A. Two ancient practices were used by the Jewish People as external signs of internal repentance and sorrow for personal sins; one was the wearing of garments made of rough sackcloth and, the other was the practice of sitting in ashes for a period of time.



We read about these two practices and about their use and significance in the following Bible passages: *Job 42:6; Jeremiah 6: 26, Jonah 3: 6-7 and*

Why 40 Days?

For Jews and Christians alike, 40 is a number which signifies a period of trial. For this reason Lent is supposed to last for approximately 40 days, at least, *in theory*. In reality

however, it actually lasts for 46 calendar days from Ash Wednesday to Holy Saturday. The reason is that the 6 Sundays that occur during the Lenten period are not considered to be part of Lent because

Sunday is the joyful and celebratory day of Christ's Resurrection. It can therefore never be part of a penitential season. Without the 6 Sundays, Lent actually does last for 40 days.

the Gospel of Luke 10:13.

The Christian Adaptation of Ashes

Like the Jewish ancestors of Jesus, Christians chose to adapt the second of these two practices during Lent except, instead of 'sitting in them', we place ashes, produced from burned blessed palms on our

foreheads in the sign of the cross. These small 'ash crosses' are meant to be external signs of our internal repentance and renewal!



Catholic Women's League

NEXT GATHERING: March 10th
Like the others, this gathering will take place in the Auditorium after the 10:30 am Mass.

- ◆ Presentation by Sr. Dolores on the need for Communion volunteers for the Regional and St. Joseph's Hospital;
- ◆ Unveiling of our "Care for Our Common Home Project";
- ◆ Information about the Diocesan Convention, and;
- ◆ A fun time for sharing and fellowship. All are welcome!

STILL IN TIME

If you missed donating to our annual Phantom Bake Sale, simply place a donation in an envelope NOW and mark it: "Phantom Bake Sale".



Knights of Columbus



ANNUAL LENTEN RETREAT

Each year, Bishop Colli animates a Lenten Retreat by providing insight and instruction on a topic of current interest. This year's session will be held on Sunday, March 10th at 2:00 pm in the Columbus Centre.

This free event is open to Knights of Columbus, their families and friends and all who wish to take part.



Men's Bible Group

Next Meeting:
March 9th
8 am to 9:30 am

(at Corpus Christi Church)
For more information, call:
Doug McClure (708-4143).