

July 14, 2019

15th SUNDAY IN ORDINARY TIME

Tues., July 16th 9:00 am Mass in honour of Our Lady of Mount Carmel



Bishop 's Schedule
July 20/21 :
Weekend Masses
in the Cathedral

The Scapular of Our Lady

The *brown scapular* is a cloth necklace made of two small rectangular pieces of wool and bound together by a ribbon. On one piece is the image of Mary and the infant Jesus and, on the other is the Sacred Heart of Jesus. A Scapular medal, preferred by some, is the metallic version of the same.

This sacramental actually represents a full body length garment which is worn as part of the habit of the Religious Order known as the *Carmelites*. The wearing of the cloth or metal scapular around



the neck represents one's personal and private commitment to Our Lady of Mount Carmel and to the Spirituality and the various forms of Carmelite Prayer and devotions.



AUGUST WEDDING BANNS

There is a Promise of Marriage between:
Steven Granata, son of
John Granata & Pina Corniola, and
Tiffany Wessner,
daughter of *James Wessner & Lynne Zanette*
(First publication)



REGISTRATION & CHANGE OF ADDRESS FORM

Please register me (and my family) in St. Patrick's Cathedral Parish.

Name

Address

Tel. or E-Mail

We have moved from:

to:

Join: 'Friends of the Cathedral' ... to help beautify our church.

Name

Telephone



Annual Donation is \$250. (Tax deductible)

BECOME A CATHOLIC THIS YEAR ?

Now is the time to register for the R.C.I.A. (which begins in the Fall), by returning this completed Form OR by phoning the Parish Office (622-5389).



Name

Telephone or E-Mail

Cherishing our Cathedral's History

The granite slabs from our Cathedral front steps will be available during the two week period of July 15th to 26th. The smaller pieces can be acquired for a \$50 donation and the larger ones for \$100.

Please call the Parish Office at 623-5389 to make arrangements to pick them up between the hours of 1:00 pm to 4:00 pm. during those two weeks. Volunteers will be on hand to help you load.



YOU WERE ASKING by Msgr. P. Stilla

Q. Am I breaking the third Commandment to “keep holy the Sabbath Day” by shopping or by helping a friend to work on a project on a Sunday?

A. To answer your question it is important that we understand the original intent of the Sabbath law as it is recorded in the Old Testament. In Exodus (20:8-11) and in Deuteronomy (5: 12-15) we read: “Observe the Sabbath Day and keep it holy”.

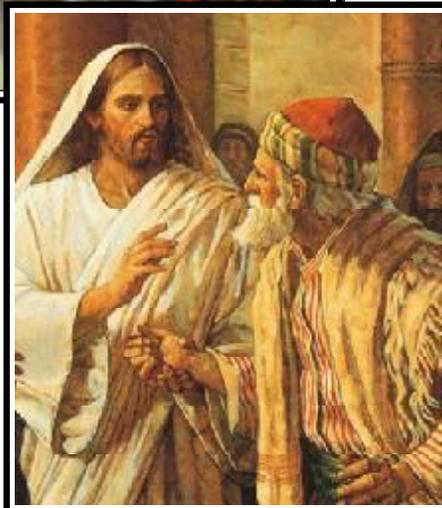
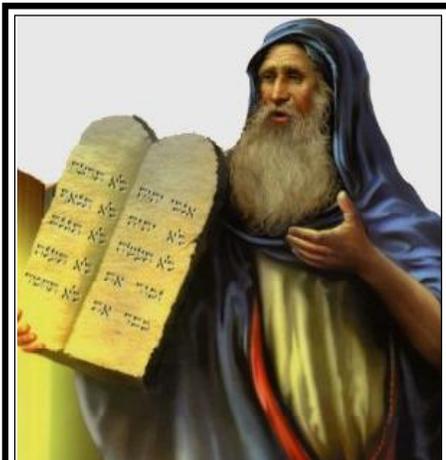
Why This Law?

This Commandment was meant:

- ◆ to ensure that every individual would have one day each week in which to rest from unnecessary work and to regain a healthy perspective on the proper place of work in one’s life and;
- ◆ to give the people sufficient free time every week to set aside for prayer and reflection.

A Rigorous Interpretation Unfortunately, with the passage of time, some Israelites lost sight of these goals. No longer was the

Law understood by some groups in its original intent, as a positive guideline meant to benefit God’s creation. Instead, it was used by the Pharisees in Jesus’ time as a means by which they could compete with, despise and bully others by self-righteous criticisms. They would hold in disdain anyone whom they judged were not keeping this law as rigidly as they felt



they should. This attitude was so opposed to the original intent of the law that Jesus felt compelled to remind the Pharisees: *‘the Sabbath was made for man and not man for the Sabbath!’* (Mk. 2:27)

The Christian Sabbath is Sunday

Since Jesus rose from the dead on the first day of the week and not on the seventh, His followers changed the Jewish Sabbath to Sunday, naming it, the ‘Lord’s Day’. Henceforth, Sunday would be observed as the *Christian Sabbath* of reflection, prayer and celebration. The Church gives us this guideline of how to best observe the Lord’s Day: *“On Sundays, the faithful*

are obliged to assist at Mass ... and to abstain from work that would inhibit the worship of God, the joy proper to the Lord’s Day or, the relaxation of mind and body”.

A Decision of Conscience

Only you, with the help of your conscience, can decide whether shopping or helping your friend would inhibit you from keeping the Commandment’s original intent.



Catholic Women's League



Our Crest Says it All!

- ◆ At the centre of the crest is the cross, exemplifying the Faith of our members;
- ◆ the ten maple leaves it surmounts represent the 10 provinces of our nation;
- ◆ the unbroken circle which surrounds the cross is symbolic of the loyal service pledged to by the members to ‘God and Canada’.
- ◆ The crest colours are: blue, (*loyalty and faithfulness*), white (*purity and joy*) and gold (*God’s kingdom and reign*). Blue is also the colour of Mary, “Our Lady of Good Counsel”, the principle Patroness of the Catholic Women’s League of Canada.

Our New Updated Outdoor Church Sign

ST. PATRICK’S CATHEDRAL

Most Rev. F. J. Colli, D.D.
Bishop of Thunder Bay

Rev. Msgr. P. M. Stilla, V.G.
Cathedral Rector

Rev. Mr. R. Douder
Permanent Deacon



Rev. Mr. D. West
Permanent Deacon

Rev. Mr. J. Maynes
Permanent Deacon

Mrs. L. West
Minister of Service

MASS TIMES

THE LORD’S DAY

Saturday: 5:00 pm Sunday: 8:30 am & 10:30 am

WEEKDAYS

DURING THE YEAR

Tuesday to Friday:
9:00 am

Holiday Monday: 12:10 pm

DURING LENT

Monday: 12:10 pm
Tuesday to Friday

9:00 am & 12:10 pm

INDIVIDUAL CONFESSIONS

Every Saturday: 4:00 pm to 4:45 pm