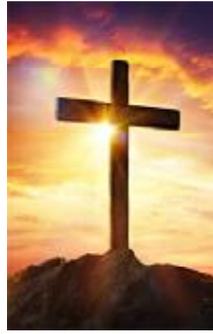


August 11, 2019

19th SUNDAY IN ORDINARY TIME

Wed., Aug. 14th
Thurs., Aug. 15th
Fri., Aug. 16th

St. Maximilian Kolbe, (20th Century Priest and Martyr)
The Assumption of Mary
St. Stephen of Hungary



Bishop 's Schedule
August 8-19 :
Away from the
Diocese



The Assumption of the Virgin Mary

2019 C.W.L. Provincial Convention held in Kingston: July 13-17



CONGRATULATIONS, COLLEEN!



During the Convention, our active parishioner and League member, Colleen Martin was elected 1st Vice President for 2019-2021 on the Executive of the C.W.L. Provincial Council which represents over 48,500 women in Ontario. As a Cathedral Parish we proudly offer Colleen our best wishes and prayers for a successful term.



Our Thunder Bay Diocesan Council Delegation

"For God and Canada!" More than 400 delegates, representing 13 Ontario Dioceses, met in Kingston for this 72nd annual Ontario Provincial League Convention last month. Our Diocese and our Parish were both well presented.

This may be your year to join the Catholic Church



If you are an adult and have never been baptized OR ... if you were baptized in another Christian Faith but now wish to join the Catholic Church, please register for the R.C.I.A. Process for this Fall. To register, please call the Parish Office (622-5389) or return this form.

Name

Telephone or E-Mail

YOU WERE ASKING by Msgr. P. Stilla

Q. Is it possible to overdo the practice of my Faith?

A. The answer to your question depends on what you mean when you say, 'overdo' the practice of your Faith. For some, Faith practice can indeed be overdone if this means that it lacks balance. If it does, this can often lead to hurtful and destructive results such as misplaced anxiety, scrupulosity, self-righteousness, low self esteem and disruptions in personal relationships. On the other hand, to decide that you will therefore not practise your Faith at all to avoid these possible negative outcomes would be as unreasonable as saying: 'fire can burn houses' therefore 'I will never have stoves, furnaces or fireplaces in my house'.

The Symptoms

These are a few possible symptoms of Faith Imbalance:

n 1. Controlling

Using Faith and Religion as a means to control the decisions and actions of others is a symptom that we sometimes see among Faith or Faith organizations leaders.

There is a difference between positively influencing the conduct of others and controlling. (Lk. 11: 42).

n 2. Sowing Seeds of Fear

Religion can also be deliberately misused as a means to frighten people into submission. Predictions of an imminent end of the world

or of ultimate punishment from God are two ways in which preachers, parents, cult leaders and others misuse the Faith.

n 3. Faith to Experience Miracles

Jesus often admonished the Pharisees who demanded supernatural signs from Him (Mt. 12:38-39). Like them, some cling to Faith practice when their prayers are answered the way they want but readily abandon their Faith when they are not.

n 4. For Show or Gain

Using Faith practice simply for display or as a dishonest means by which to procure one's personal income or employment is im-

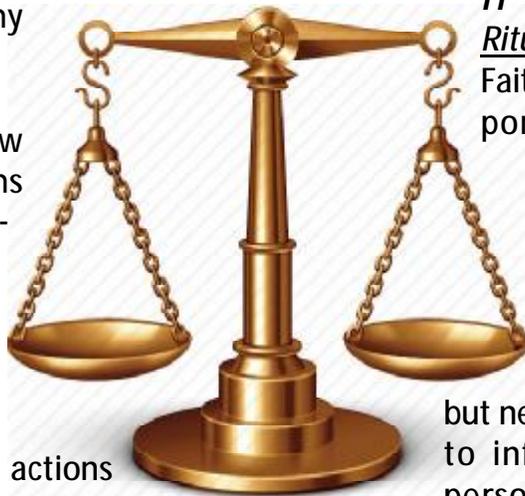
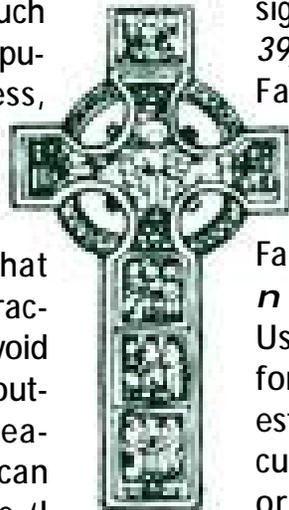
balanced and hypocritical.

n 5. For Rules & Rituals Only

Faith rituals are important and rules are useful for order but, if one only promotes Faith rituals or simply enforces rules but never allows Christ to influence his/her personal life can be suffering from Faith imbalance.

n 6. Justifying Evil

The most sinister of symptoms of imbalance has plagued people of Faith for millennia and it is one which Jesus condemns (Jn. 2:14-16). To justify an evil attitude or action by saying that it is being done 'in the name of Religion' is to terribly abuse true Faith practice!



I would like to become a Cathedral Parish Minister

- Reader Usher
- Eucharistic Minister
- Music/Choir/Cantor
- Children's Liturgy
- R.C.I.A. Sponsor
- Youth Altar Server
- Marriage Rehearsals
- Marriage Courses
- Hospitality Minister
- Funeral Greeter
- Adult Server
- Coffee Sunday Helper
- Development & Peace
- Art & Environment
- Baptism Preparation
- Ministry to the Sick
- Prayer Ministry
- Other

Name _____

Telephone or E-Mail _____

Knights of Columbus



Save the Dates:

Spaghetti & Meatballs
Take-Out (3 to 6 pm)
August 14th & 29th
Take Out & Supper
September 8th



Access our Parish online at:
www.stpatrickscathedral.ca
for Bulletins and photos