



**ST. FRANCIS OF ASSISI**  
AN ENDURING MODEL OF HUMILITY

**"Humility is not thinking less of yourself but thinking of yourself, less."**  
*(Lesson from Sunday's Gospel)*

**JOINING THE R.C.I.A.**



If you are an adult who has not been baptized OR ... if you were baptized in another Christian Faith but now wish to join the Catholic Church, please register for the R.C.I.A. by calling our Office at 622-5389.



**"MORE" WISDOM**

**"God has more regard for the thoughts of the heart than for the words of the mouth".**

**"In our day, many are schooled but few are educated!"** *(Quotes of St. Thomas More: 1535)*

**LAST WEEK'S PARISH DONATIONS**

Last Sunday's Collection .....	3, 179.50
Online Donations <i>(this week)</i> ...	130.00
Missions' Collection <i>(more)</i> .....	90.00
Donations <i>(Baptisms, Funerals)</i> ..	300.00
Votive Candles .....	79.00
St. Anthony's Poor Fund .....	31.30

Mon., Aug. 29 <sup>th</sup>	No Mass celebrated on Monday
Tues., Aug. 30 <sup>th</sup> 9:00 am	Weekday Mass
Wed., Aug. 31 <sup>st</sup> 9:00 am	Weekday Mass
Thurs., Sept. 1 <sup>st</sup> 9:00 am	Weekday Mass
Fri., Sept. 2 <sup>nd</sup> 9:00 am	First Friday Mass and Benediction
Sat., Sept. 3 <sup>rd</sup> 5:00 pm	Vigil Mass for 23 <sup>rd</sup> Sunday in Ordinary Time <i>(Pope St. Gregory the Great)</i>
Sun., Sept. 4 <sup>th</sup>	Masses for the 23 <sup>rd</sup> Sunday in Ordinary Time

**FIRST FRIDAY MASS,  
EUCHARISTIC EXPOSITION AND BENEDICTION  
AND CONFESSIONS**

Benediction of the Blessed Sacrament will resume after the morning Mass, on September 2<sup>nd</sup>, the First Friday of the month. Father Marco will also be available to hear Confessions prior to the start of Mass. On every First Friday, we pray that all who have abandoned their Faith may be reconciled to God through the Sacred Heart of Jesus.



**BISHOP'S SCHEDULE**  
SEPTEMBER 10 & 11  
CATHEDRAL MASSES

**COME AND JOIN US!**



You are invited to add your name to a pool of volunteers, to assist us from time to time in our ongoing "St. Pat's Needs a Hat" activities. To join us, please complete this form or call our Office: 622-5389.

Name \_\_\_\_\_

Telephone \_\_\_\_\_

E-Mail \_\_\_\_\_

**OUR "ST. PAT'S NEEDS A HAT" ONGOING ROOF FUND**

Donations this Week

Free-will Donations .....	\$ 3, 130.00
In Honour of the Baptism of Rhys Powell ....	200.00
	<u>\$3, 330.00</u>



**\*\*\* TOTAL TO DATE \*\*\***  
**\$ 40, 740.00**

Pledge cards are found on our Website:  
[www.stpatrickscathedral.ca](http://www.stpatrickscathedral.ca)

*All donations are Income Tax Deductible*

**Q.** Why does the Church allow Catholics to fulfil their Sunday obligation by attending Mass on Saturday evening instead of only on Sunday morning, as in the past?

**A.** It was after the end of the Second Vatican Council in 1965, that Catholics were given the opportunity to fulfil



their Sunday obligation by attending Mass on Saturday evening and not only on Sunday. This is also true of Christmas and New Year's, which we can now celebrate on their eves but, not necessarily after midnight. Although the practice of which you speak is relatively recent, we know that the Church had for centuries maintained the custom of beginning the celebration of special feasts on the evening before the day.



Jewish "Lunar" Cycle  
This change also indirectly reminds us of our spiritual Jewish roots. We know that Orthodox Jews follow a lunar and



not a solar calendar, as we do. For this reason their days begin at sunset (*when the moon appears*) and not at midnight. This is why their observance of Sabbath begins on Friday evening and ends on the evening of the following day. With

this change, we now also begin observing our 'Christian' Sabbath which we call 'The Lord's Day', on the evening prior to it!

A Practical Reason Too

Our new practice was also introduced to make it easier for Catholics living in today's world of weekend work hours to fulfill their Sunday obligation on evenings, after work.



By Exception

In smaller areas where a number of Parishes are entrusted to the Pastoral care of only one priest, the Bishop can also permit those parishioners, *by exception*, to fulfill their Sunday obligation earlier than 4 pm on Saturday afternoon or even on a different day of the week, if needed.

Why is Sunday our 'Sabbath Day'?

'Sabbath' for the Jews is Saturday and not Sunday. It was only after the Lord's Resurrection on the Sunday after Good Friday, that Christians decided to commemorate the first day of the week and not the seventh as their 'Christian Sabbath', re-naming it, "The Lord's Day". Therefore, since then, the Church has observed Sunday (and its eve) to be our day of prayer!



Catholic Women's League

STILL IN TIME TO DONATE

These needed items are collected this weekend in the Church and on the morning of

August 29<sup>th</sup> in the Office 'Dew Drop 'Inn

- Soup Crackers
- Granola Bars
- Juice Crystals
- Juice Boxes
- Coleslaw or Ranch Dressing
- Mayonnaise
- Margarine
- Plastic Spoons/Forks
- Dinner Napkins

The R.F.D.A.

*All items are accepted.*

*Specialty items requested:*

- Hygiene Products
- Baby Food
- Diapers
- Cleaning Supplies
- Dog Food

PARISH MINISTRIES

- I would like to become a
- Cathedral Parish Minister
- Reader
- Usher
- Eucharistic Minister
- Music/Choir/Cantor
- R.C.I.A. Sponsor
- Youth Altar Server
- Adult Altar Server
- Marriage Rehearsals
- Marriage Prep. Courses
- Funeral Greeter
- Parish & Finance Councils
- Development & Peace
- Art & Environment
- Parish Garden Volunteer
- Ministry to the Sick
- Prayer Ministry
- Other .....

Name \_\_\_\_\_

Telephone or E-Mail \_\_\_\_\_

N.B. *Some Ministries must still be postponed (Hospitality, Children's Liturgy, Coffee Sunday, etc.)*