

The Rosary



The Mysteries of Healing

In times of darkness or pain,
holding a rosary
is like holding
the hand of Mary.

Introductory Prayers

Sign of the Cross

Prayer of Healing

God of endless love, ever caring, ever strong, always present, always just; you gave your only Son to save us by his Blood on the Cross. Gentle Jesus, shepherd of peace, join to your own suffering the pain of all who have been hurt in body, mind, and spirit. Holy Spirit, comforter of hearts, heal wounds and relationships and transform brokenness into wholeness.

Grant us the courage and wisdom, humility and grace, to be honest in truth and to act with justice. Breathe wisdom into our prayers and labours that we may walk together with all of your beloved children. Amen.

Apostles' Creed, Our Father, Hail Mary x3, Glory Be

The Decades

The first healing mystery:

Jesus restores the outcast to community.

On the way to Jerusalem, as Jesus entered a village, ten lepers approached him. Keeping their distance, they called out, saying, "Jesus, Master, have mercy on us!" When he saw them, he said to them, "Go and show yourselves to the priests." And as they went, they were made clean. Then one of them, when he saw he was healed, turned back, praising God with a loud voice. (Luke 17.11-15)

They were lumped together as "unclean". No one knows what afflictions they suffered. These lepers could not be touched; they were thrust from home, family and community, and were forced to live apart. Whatever infected them could not have been worse than the isolation and loneliness they experienced.

Jesus, restore our communities to health and wholeness. Help us to remain grateful for the privilege to gather together.

Our Father, Hail Mary x10, Glory Be, Fatima Prayer

The second healing mystery: Jesus rewards the woman of courage.

Suddenly a woman who had been suffering from hemorrhages for twelve years came up behind him and touched the fringe of his cloak, for she said to herself, “If I only touch his cloak, I will be made well.” Jesus turned, and seeing her he said, “Take heart, daughter; your faith has made you well.” (Matthew 9.20-22)

She was not supposed to be out in public, touching a man’s clothing, or causing a stir that would embarrass her family. But the woman suffered too much for too long to behave by social norms that could not help or save her. She trusted in the power of Jesus to save.

Jesus, bless the courageous ones who will not sit by and suffer quietly without taking the necessary steps to find help.

Our Father, Hail Mary x10, Glory Be, Fatima Prayer

The third healing mystery: Jesus rescues the child in danger.

A man knelt before him, and said, “Lord, have mercy on my son, for he suffers terribly; he often falls into the fire and into the water.” Jesus answered, “Bring him here to me.” (Matthew 17.14-17)

This poor child fell often in fire and water. He reminds us of all children who suffer the effects of conditions they did nothing to cause and are powerless to change.

For all the ways in which children suffer – hunger, abuse, impaired learning conditions, fear, anxiety, shame – Lord, rescue them and

restore their hope for a brighter future.

Our Father, Hail Mary x10, Glory Be, Fatima Prayer

The fourth healing mystery:

Jesus heals the person suffering emotional and mental distress.

Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God. But Jesus rebuked him, saying, "Be silent, and come out of him!" (Mark 1.23-25)

Demons haunt us all. But some, like this man who cried out to Jesus, are especially burdened. People who are vulnerable, whose health are compromised, suffer exceptionally from stress, upheaval and isolation.

Lord, we ask you to keep the vulnerable in your special care. Hold them in the palm of your hand and let them feel your constant protection.

Our Father, Hail Mary x10, Glory Be, Fatima Prayer

The fifth healing mystery:

Jesus heals the earth's abundance.

Jesus stood on the beach; but the disciples did not know that it was Jesus. Jesus said to them, "You have no fish, have you? They answered him, "No." He said to them, "Cast the net to the right side of the boat, and you will find some." So they cast it, and now they were not able to haul it in because there were so many fish. (John 21.4-6)

Behind the realities of human suffering looms the greater danger of

a world enduring the cumulating effects of exploitation, greed, indifference and ignorance. How we care for our common home affects our living conditions and relationships. Christian charity moves us to care for each other by caring for creation.

Lord, creation is your gift to us. Give us the wisdom and the will to be stewards and not merely consumers of your gifts, and renew the face of the earth.

Our Father, Hail Mary x10, Glory Be, Fatima Prayer

Concluding Prayers

Hail, Holy Queen

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and, after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us, O holy Mother of God,
that we may be made worthy of the promises of Christ.

Let us pray.

O God, whose only-begotten Son by his life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech thee, that meditating upon these mysteries of the most holy rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

Sign of the Cross

Other Prayers of the Rosary

Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women; and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to heaven, especially those in most need of thy mercy.