



CATHOLIC and LIVING IT!

Faith...Service...Social Justice

Our Mission: The Catholic Women's League of Canada calls its members to grow in faith, and to witness to the love of God through ministry and service.

Christmas Shouldn't Be This Stressful...

When was the last time you got to the end of Christmas and felt truly rejuvenated, joyful and at peace?

Most people spend the time leading up to Christmas feeling overwhelmed, stressed, and stuck. It's the busiest time of year and we often end up striving for all the things that aren't really worth having or doing. It's all too easy to lose the beauty, meaning, joy and life-changing power

Christmas is meant to have!

This year, do something different. Reclaim the peace that can only come from simplicity this Christmas. Matthew Kelly

Welcome to our CWL's November update...we were excited to again gather in person in October and continued to share ideas of what we might want to do as we continue of our League journey. We will continue our efforts to try and keep members and our parish family up to date with what is happening in

the world of CWL and what our members are doing or can do by providing monthly information hopefully putting a smile on each person's face...Our next update will be in January!!!!

"Our birthdays are feathers in the broad wing of time." — **Jean Paul Richter**

The following women will be celebrating birthdays in November: Jennifer Fedorus-Lyght, Dorothy McDonald, Beth McMahon, Berna Meyer and Vi Zucchiatti. Remember each of these wonderful women in your prayers during the month of October as they celebrate their birthdays.

The Catholic Women's League of Canada is many things to many people:

- A sisterhood of support and understanding that is more than 63,000 members strong
- A way to act on important social justice issues by adding your voice to many
- An opportunity to be of service to your community, to the country and to God
- A chance to live your faith with those who share it

IMPORTANT UPDATE: AT THE SEPTEMBER GATHERING MEMBERS SET THE ANNUAL FEE FOR 2023 AT \$35. THIS IS TO COVER THE INCREASE AT THE NATIONAL LEVEL.

Looking for a great Christmas gift or stocking stuffer: Why not buy your mother or mother in law or daughter or niece or granddaughter or friend who has everything a CWL membership for 2023?

Information from Provincial Program Chairpersons and Upcoming Events

From **Colleen Martin Provincial President Elect and Organization Chairperson** comes the following:

LEAGUE DEVELOPMENT ZOOMS

ALL WOMEN WELCOME!

CWL MEMBERS REGISTER FREE

NON-MEMBERS \$10

REGISTER AT preselectopc@tbaytel.net

Send your name, cwl parish council and the date(s) you wish to register for. The fee can be sent e-transfer to the same email. Call (807) 628-3875 if you do not e-transfer.

2022

November 23

December 14
requests

TOPICS

I am a member, so what? Explore your passion.

Open ... to be decided based on topic

2023

January 18

Goal setting made easy through prayer!

February 15

Everyone is a mentor! Are you?

March 22

Spring into leadership! Recognize your style!

April 19

Why did God give us personality and free will?

May 18

Public speaking? Not me! Yes you!!!

June 15

Open ... to be decided based on topic

From the **Ontario Provincial Council website comes the following:**

- Walking Together is a Salt + Light Media original documentary about Canada's residential schools, the ongoing process of reconciliation which led to Pope Francis' apology in 2022, and the long road ahead for healing and reconciliation between the Catholic Church and the Indigenous Peoples of Canada. Link:
https://slmedia.org/s/yrvNh5bq/walking-together?mc_cid=e14ece2563&mc_eid=a71009c4b4

From the **National website comes the following:**

- "Keep Christ in Christmas" (and all year long) with a booklet of 12 Permanent domestic rate stamps celebrating the Nativity. CWL members (and Councils) are encouraged to purchase them to ensure their continued production. Christian-themed stamps are an example of successful resolutions by the Catholic Women's League of Canada.

From the Thunder Bay Diocesan website comes the following:

- ADVENT RETREAT - November 28, December 5, 12 and 19
Week 1 Watchfulness; Week 2 Preparation; Week 3 Nearness;
Week 4 Emmanuel
The link to participate is found on the diocesan website and a poster has been attached to this edition as well.

Upcoming Events

- Our next gathering is Sunday, November 20th immediately following the 10:30 Mass...hoping many of you will be able to come as we work on plans for the coming year. Father Pat will be providing a reflection/ presentation on Advent to open our gathering...we will look at setting up activities for our membership drive including our annual pin presentation that will be taking place during the weekend of January 28th and 29th ...and an update with respect to Dew Drop Inn participation and we will conclude the gathering by working together to prepare 3 posters letting everyone know what is the League...why belong...bring your craft supplies, your favourite scissors, you laughter.

Gathering dates:

November 20...Msgr. Pat --- a presentation for Advent and Christmas

January 29

February 26

March 26

April 23

May TBD

Topics for the gatherings will be determined by the members...bring your ideas to the November gathering...

Continuing events:

- Divine Mercy Chaplet for Peace in Ukraine
The Chaplet will be prayed via zoom **every morning at 8:00 am** (EST) 7:00 am (CST)...

Open to anyone. Feel free to join any day until peace returns to Ukraine:

Join Zoom Meeting

<https://us06web.zoom.us/j/82848869346?pwd=WmJac2RXZTlhYWdzZlhmNjZBYytKdz09>

The link is also be posted on the Thunder Bay Diocesan CWL website...(cwlthunderbay.org)

Keep checking the following websites to see what is happening in the CWL world:

Diocesan website is: www.cwlthunderbay.org
Provincial website is: www.cwl.on.ca
National website is: www.cwl.ca
Development and Peace website: www.devp.org

CATHOLIC and LIVING IT!

Prayer:

Loving Father, open our hearts to your infinite love for all people, and to your presence with us wherever we go in your name. Lord Jesus, deepen the spiritual life of the Catholic Women's League. Strengthen the faith and good works of our members, building-up life in the world by being Catholic and Living It! May we imitate you with works of mercy, welcoming the forgotten, suffering or vulnerable wherever we encounter them.

Holy Spirit, strengthen us to live our faith, witnessing to life, peace and social justice daily wherever we are in Canada. Through the intercession of Our Lady of Good Counsel, may we be joyful and responsive to our Christian calling, by truly being Catholic and Living It! We make this prayer through Jesus, our Teacher and Messiah, who lives and reigns with the Father and the Holy Spirit, forever and ever. Amen.

"You were made in the image of God.

Act accordingly!"

(holy moments, Matthew Kelly)